

# Dun Laoghaire Rathdown LDTF Workplan 2012, FINAL

The Local Drugs Task Forces were set up to ensure a fully integrated response to the drug problem in the worst hit areas which takes account of the specific needs of those areas. Of equal importance, the Task Force (TF) process allows local communities – the people most affected by the problem – to work with the State Agencies and voluntary organisations in designing and delivering that response.

## The Task Force gets its 2011 work priorities from 3 key sources:

1. Its Terms of Reference as outlined in the LDTF Handbook, updated February 2011.
2. The National Drugs Strategy 2009-2016.
3. Recommendations from the DLR LDTF project review report 2011

	Terms of Reference	Activities for 2012	Responsibility
<b>ToR1</b>	Creating and maintaining an up-to-date overview on the nature and extent of drug use and misuse and the services available in the area/region through the gathering of all relevant information from the organisations and services involved.	<p>TF will update its Area profile in 2012.</p> <p>Statutory reps to present available information from their agencies pertaining to drugs use in the DLR area.</p> <p>Feedback from community reps and projects as part of the overview.</p>	<p>Aoife Stack (lead).</p> <p>TF statutory reps. to report on figures.</p> <p>Community reps.</p> <p>Projects</p>
<b>ToR2</b>	To strengthen and support a community based focus to drug and alcohol misuse, mobilising an integrated cross-sectoral response at local level.	The TF keeps a community focus on the way it carries out its work; community feedback is an agenda item at all TF meetings, and community reps are members of sub-committees and working groups.	<p>Community reps</p> <p>TF</p>

Terms of Reference	Activities for 2012	Responsibility
<b>ToR3</b> To oversee and monitor the effectiveness of projects approved under action plans and make decisions on continued priorities having regard to current needs and available funding	TF to implement the recommendations from the project review 2011 within the first six months of the year.	TF
	. Projects will report on their expenditure in May and October 2012 and fill out their LDTF 1 form in November (reporting on their work for 2012, and outlining their work for 2013).	
<b>ToR4</b> Providing for the implementation of a local/regional strategy in the context of the National Drugs Strategy 2009 - 2016 through:		
ToR4a		
<ul style="list-style-type: none"> <li>Identifying emerging strategic issues and developing proposals on policies or actions needed to address them.</li> </ul>	Sub-committees tasked with identifying emerging issues and responses to them, and raising with the TF.	Sub-committees
	Admin Development Budget can be used to support emerging groups where funds are available.	
ToR4b		
<ul style="list-style-type: none"> <li>Preparing updated action plans having regard to evidence available on the extent and specific location of illicit drug use in the area/region.</li> </ul>	TF has developed an action plan based on its ToR and the NDS pillars.	TF
ToR4c		
<ul style="list-style-type: none"> <li>Seeking to influence the work of all relevant Statutory, Community and Voluntary service providers to improve services.</li> </ul>	TF will continue to implement its interagency initiatives as detailed under each pillar: infant matters, strengthening	TF staff, TF & Sub-committees are involved in running

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ToR4d	families, Drop-in service, Children in care work, interagency case management pilot, dual diagnosis links, LPF.	these interagency initiatives	
• Identifying any barriers to the efficient delivery of services to clients in the Drugs Task Force area.	Sub-committees tasked with identifying emerging issues and responses to them, and raising with the TF.	Sub-committees	
ToR4e	• Developing Cross Task Force initiatives and networking arrangements for the exchange of information and experience with other Drugs Task Forces, as well as for the dissemination of best practice	TF Coordinator and Chairperson attend the national networks and meet with the DPU when requested	TF Chairperson and Coordinator
ToR4f	Continued development and promotion of the Task Force website which is a resource for service, individuals and the community	Eamonn Gillen, Aoife Stack	
• Co-ordinating their activities with other relevant initiatives/programmes in the region, particularly those involved in responding to social disadvantage.	Links with RAPID, JPC, LPF, Southside Partnership, etc (see ToR9 below)	See ToR9 below	
<b>ToR5</b> Monitoring and evaluating the implementation of [interim funded] projects with a view to their continued funding through State Agencies in accordance with agreed procedures.	The DLR LDTF to hold a consultation session with all projects in the first quarter to access how the DLR LDTF can support projects in implementing the recommendations from the project review.	TF	
<b>ToR6</b> To ensure appropriate representation by the statutory, voluntary and community sectors on the Task Force & ensuring the appropriate induction and	The 7 community reps representing geographic areas and 3 community of interest reps (Service Users, Travellers and Family Support) continue to be	Aoife Stack supporting community reps & voluntary reps (when	

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training of Task Force members.	supported by the DLR A/Coordinator.	they are appointed).	
	Improve links with Citywide.	Public reps	
	Awaiting Voluntary rep nomination from the East Coast cluster.		
	Outstanding FAS/Department of Social Protection vacancy		
	No Department of Education rep.		
	Public reps have not been in attendance- links with Council re re-engaging.		
<b>ToR7</b>	Drugs Task Forces also have a role in informing national policy formulation.	Linking back to the DPU as requested	TF
<b>ToR8</b>	To develop networking arrangements for the exchange of information and experience with other Task Forces, as well as the dissemination of best practice.	TF Coordinator and Chairperson attend the national networks and meet with the OMD when requested	TF Chairperson and Coordinator
<b>ToR9</b>	To take account of and contribute to other initiatives aimed at improving social inclusion and tackling disadvantage:	Chair YPFSF	Aoife Stack
	Young People's Facilities and Services Fund, Joint Policing Committees,	Attend JPC public meeting and raise drugs issues	Aoife Stack
	Local Policing Fora,		
	School Completion Programme,	Member of LPF	Aoife Stack
	Revitalising Areas by Planning, Investment and		

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Development (RAPID), Community Development Projects, and Area Partnerships.	Links with Southside Partnership	Aoife Stack & Aileen O'Brien
	Links with Southside Travellers	Eamonn & Aoife Stack & Geraldine Dunne (Communities of Interest travellers Rep)
	Links with Social Inclusion Week	Eamonn, Aoife Stack
	Specific linkages to community of interests: family support, travellers and service users	
<b>ToR10</b>	To provide such information, reports and proposals to the Office of the Minister for Drugs as may be necessary from time to time.	Reporting to the DPU April 2011. Reviewing project expenditure mid and end of year.
<b>ToR11</b>	To regularly review its own operation and performance to ensure its continued effectiveness in fulfilling its Terms of Reference.	TF will review its Operational Procedures mid-year

To support the operational activities of the TF, an Operations Sub-Committee meets once a month to:

- Review to TF finance; admin development budget and other funds for which the TF is the project promoter of
- To advise the TF on any operational issues including staffing cover

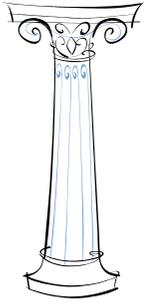
**The Operations Sub-Committee comprises of:**

**LDTF Chairperson**, Aileen O'Brien

**Community rep**, Theresa Waters

**Community rep**, Jenny Storey

**LDTF Coordinator**, Aoife Stack



## **The Prevention Pillar**

**The primary focus of the NDS (interim 2009-2016) is on illicit drug use, however alcohol is referenced in the context of developing a broader prevention strategy to tackle substance misuse, particularly in relation to under 18 year olds.**

**Prevention of problem drug use seeks to prevent the taking of illegal drugs, the prevention of harm where drug taking has initiated and the prevention of relapse where drug treatment has started.**

**It also seeks to increase the awareness and understanding of the consequence of problem drug use and to delay the onset of first drug use.**

**Research on risk and protective factors show that effective drug prevention must not just rely on giving information on the harmfulness of drugs but build self-efficacy of social and personal skills within the context of educational achievement, family support, rehabilitation, provision of youth supports; and the reduction of marginalisation, poverty, and involvement in crime; and the interruption of supply and the availability of drugs.**

**Under the current NDS, the focus of the prevention pillar is on promoting a greater awareness and understanding of the dangers of problem drug use throughout society**

Some of the actions within the prevention pillar are the responsibility of the P&E Sub-committee, others fall under the remit of the TF staff, and others are within the remit of the funded projects.

The P&E Sub-committee: The P&E Sub-Committee will meet 10 times during 2012 and comprises of an interagency group which meets to:

- share information on issues in relation to prevention in the area,
- share resources to response to issues arising,
- and to feedback to the TF on emerging issues and responses/suggestions to same.

The Prevention Education Sub-committee comprises of:

**LDTF Drug Prevention Education Officer**, Eamonn Gillen (Chairperson for first quarter 2011)

**Southside Partnership**, Vivienne McCann

**HSE Education Officer**, Aoibhinn King

**HSE Education Officer**, Maeve Shanley

**Dundrum Rathdown Youth Service**, Aileen Mulligan

**Dun Laoghaire Youth Service**, Tiernan and Julie Kelliher

**Dun Laoghaire VEC**, Zuleika Jamieson

**Community rep**, Theresa Waters

**Barnardos**, Mary Daly

**Prevention conclusions and priorities of the NDS:**

NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
<p><b>P1 To target young people most at risk in the out of school setting.</b></p>		<p><b>Young people in care work.</b> This is an evidenced based pilot drug and alcohol programmes incorporating information, life choices, skills development, conflict resolution, attachment and identity work and fun activities.</p> <p>The programme aims to inform young people in care about various aspects of drug use, to develop critical awareness among young people in relation to risk and protective factors, to positively influence attitudes and beliefs in relation to drug use and sexual health, enhance self esteem, with the aim of reducing drug consumption and the risks involved.</p> <p>Implemented in partnership with the Residential Care Providers and therefore be dually informed by evidence based drug and alcohol work and therapeutic care interventions.</p> <p>The programme is planned, implemented, and evaluated in line with DEWF quality standards, Putting the Pieces Together Resource Manual, and adhere to Children's First Guidelines (1999) and National Standards for Children's residential Centres (2001). One programme planned for 2012.</p> <p><b>Alternative Learning Pathways</b></p> <p><b>Garda Youth Projects</b></p>	Eamonn Gillen	Jan-Sept	<p><b>One group of 12 young people form residential units in the DLR area, the programme will also include young people who are linked in with Extern and thus are at risk of entering care.</b></p>

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<p><b>P2</b> Encourage access to recreational activities for young people who are most at risk and that are developed as part of an overall prevention programme.</p>	<p>Action 25: To continue to develop facilities for both the general youth population and those most at risk through:</p> <ul style="list-style-type: none"> <li>increased access to community, sports and school facilities in out of school hours; and</li> <li>the development of youth cafés.</li> </ul>	<p>Part of the work with young people in care is introducing the young people to the youth services and facilities.</p> <p>Support the roll out of the Youth Café in Dun Laoghaire, and to support the plans for development of Youth Café in Dundrum.</p>	<p><b>Eamonn Gillen,</b> <b>Aoife Stack</b></p> <p><b>P&amp;E Sub-Committee</b></p>	<p><b>Jan-Sept</b></p> <p><b>Ongoing</b></p>	<p><b>Functioning youth café that is due to open in May 2012</b></p>
<p><b>P3</b> To promote prevention strategies in key places: 3<sup>rd</sup> level institutions, workplaces, sports and other community and voluntary organisations including the promotion of the development of substance misuse policies in these settings, along with the development of brief interventions where appropriate.</p>	<p>Action 22: To promote the putting in place of substance misuse policies and the development of a brief interventions approach, where appropriate, in</p> <ul style="list-style-type: none"> <li>informal education sector;</li> <li>training centres;</li> <li>3rd level institutions;</li> <li>workplaces; and</li> <li>youth, sport and community organisations.</li> </ul> <p>Action 23: ...Implement age appropriate substance prevention/awareness programmes in training settings, including VTOS and Community Training facilities...</p>	<p>Development of substance misuse strategies in:</p> <ul style="list-style-type: none"> <li>YP facilities</li> <li>Community Training Centres</li> </ul> <p>Linkages with Dun Laoghaire Rathdown Sports Partnership</p> <p><b>Youth Choices</b> and mainstreamed post</p>	<p><b>Eamonn Gillen</b></p> <p><b>Youth Services</b></p> <p><b>YP Dev. Group</b></p> <p><b>DLR Co. Co.</b></p> <p><b>P&amp;E Sub-Cee</b></p>	<p><b>Ongoing</b></p>	<p><b>Substance use policies in all YP funded facilities,</b></p> <p><b>In addition to requests from other services in DLR.</b></p>
<p><b>P4</b> To support actions that support families of drug users.</p>	<p>Action 29: to support a service of prevention measures that focus on the family under the following programme headings:</p> <ul style="list-style-type: none"> <li>Supports for families experiencing difficulties due to drug/alcohol use</li> </ul>	<p><b>DLR2B-1 Barnardos:</b> This is a Family Support Service aimed mainly at those with children under 6 years of age. The children attend 4 days a week and are given a hot meal. A variety of services are aimed at parents. One of these is the development and support to encourage them to provide for the nutritional needs of the children. The parents also meet once a week for breakfast. This is an informal</p>	<p><b>Barnardos</b></p>	<p><b>Ongoing</b></p>	<p><b>Improvement in both physical and overall wellbeing of both children and parents accessing the service.</b></p>

NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
<p><b>A continued focus on orienting educational and youth services towards early interventions for people and communities that are most at risk.</b></p>	<ul style="list-style-type: none"> <li>• Parenting skills; and</li> <li>• Targeted measures focusing on the children of problem drug and/or alcohol users aimed at breaking the cycle and safeguarding the next generation.</li> </ul> <p>Action 41: Support families trying to cope with substance-related problems, in line with the recommendations of the Report of the Working Group on Drugs Rehabilitation</p>	<p>way of building up a relationship with them and identifying their needs which then leads to them being referred to appropriated staff/services.</p> <p><b>DLR2-5 SWAN:</b> Main focus is a counselling/family support service for women effected by drug /alcohol whether their own addiction or family member. To help encourage self esteem they provide a number of courses, some of which are not addiction related. Most of the women engaging are from Loughlinstown but the project has links with other organisations across the county.</p> <p>The Family Support Worker engages informally with the women to gain trust before linking them into services.</p> <p>Family Support worker is also a facilitator on the Strengthening Families Programme</p> <p><b>Infant Matters:</b> This early intervention programme is aimed at young parents (&gt;26yrs) and their infants (&gt;1yr) with a focus on building a secure attachment base for infants, offering social/family support for young mothers, and encouraging evidenced based parental practices through a 17 week programme.</p> <p><b>Strengthening Families:</b> The programme is a 15 weeks skills based preventative family intervention designed to promote resilience and protective factors in families. The programme has a strong evidence base to support it within the drug prevention sphere and is currently been rolled out nationally. In 2011, 2 programmes will be run; on the East and West side of</p>	<p><b>SWAN</b></p>	<p><b>Ongoing</b></p>	<p>.</p> <p><b>Facilitator/ Co-Site Coordinator on Strengthening Families Programme due to run Sep-Dec</b></p> <p><b>Facilitator on Parent Support Group.</b></p> <p><b>One : One work incorporating crisis intervention to families affected by drug use.</b></p> <p><b>Improve psychological well-being of participating parents and children. Improve parent/child attachment. Improvement self esteem in</b></p>

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		the county.			parents.	
		<b>Focus on Young people in Care:</b> See P1 above for details.	<b>Eamonn Gillen</b>	<b>Ongoing</b>	<b>Improvement in family functioning. Decrease in risk of problematic drug use and reduction in harm related consequences of drug use.</b>	
		2 Family support programmes in Drop & CAT				
		Support of EC Family Support Network				
		Family rep on TF	<b>Strengthening Families Steering Committee, Aoife Stack lead from TF</b>	<b>Ongoing</b>	<b>Improvement in wellbeing of families affected by drug use in the family.</b>	
			<b>Aoife Stack, Eamonn Gillen</b>	<b>Jan-Sept</b>		
<b>P5</b>	<b>To support the overdose prevention policy.</b>	Action 28: ... Education/awareness among drug users to minimise the levels of usage and to promote harm reduction measures	Overdose prevention training for family support groups.	<b>CASP Project Committee</b> <b>Southside Community Training</b>	<b>2 training courses</b>	<b>Approx. 30 family members trained in addiction specific first aid.</b>

NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
	...		<b>Network</b>		
<b>P6</b>	<b>To support improved educational outcomes in terms of risk and protective factors.</b>	<p><b>DLR2-9 Ballyogan Early Schools Leavers Project</b>, run by Ballyogan CDP: The programme was initially set up to assist young people with literacy skills. It has developed over the years and now has a Support Worker in place. It also has links with LES. The programmes run are at the request of the young people themselves.</p> <p>Links with Youth at Risk Network: in order to share information on issues in relation to prevention in the area, share resources to response to issues arising, and to feedback to the TF on emerging issues and responses/suggestions to same.</p> <p>Youth Choices</p>	<b>Ballyogan CDP</b>	<b>Ongoing</b>	<b>A significant increase in protective factors and a reduction in risk factors with regard to the young people who engage in the service.</b>
<b>P7</b>	<b>Supporting community development to enable the building of capacity to avoid/respond to drug problems.</b>	<p>TF has already supported 2 training sessions in quality standards, governance...</p> <p>2 Day Training in DEWF Quality Standards In Substance Use Education (pursuant of NDS Action 26) and Putting the Pieces Together.</p>	<b>Eamonn Gillen, Miriam Conway</b>	<b>Two 2-day session</b>	<b>Improve quality of drug education work in DLR.</b>
	<p>Action 26: To implement a uniform set of drugs and alcohol education standards, using the DEWF Framework being implemented by Drugs Task Forces at present.</p> <p>Action 28: to develop sustained range of awareness campaigns that:</p> <p>Ensure that local and regional</p>	Refresher course??	<b>Eamonn Gillen</b>	<b>Ongoing</b>	<b>Ensuring campaign images are in local newsletters and papers throughout the year</b>
	<b>To support civil society's role in contributing to the</b>				

NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
debate and informing public policy.	campaigns complement and add value to national campaigns	To promote the 2012 dial to stop drug dealing/ crimebusters.	Aoife Stack	Ongoing	To support a number of people in recovery with the vocational and rehab needs.
		<b>DLR2-12 Education Bursaries:</b> The fund is available to people in recovery to support them in their vocational and rehabilitation needs.	Eamonn Gillen		
		<b>DLR2-19 Southside Community Training Network:</b> SCTN has been running for 3 years with the support of the Southside Partnership and the Task Force. They have links with approx 40 organisations. Their primary aim is to support individuals and agencies to do their job more efficiently by providing training. The work is done at community development level.	Southside Community Training Network		
		The project is running a number of training courses identified by CASP (Community Addiction Studies Project) to upskill tier 1 and tier 2 services to respond to drug use.			
		<b>DLR 13 DLR Community Addiction Studies Project (CASP)</b> (mainstreamed): to continue to support CASP to roll out FETAC level 5 and HETAC level 7 courses, and the range of training to upskill Tier 1 &2 services to respond to drugs issues.		Ongoing	21 services accessing training. In 2012, the scope of the SCTN is due to expand to include training for family members affected by drug use and individuals affected by drug and alcohol use including residents in Bentley House and traveller women.
			Eamonn Gillen		
			Aoife Stack		



NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
		<p>programme and the programme itself runs for 6 weeks with each week spelt out in detail. The programme has developed over the years and can be used with 5-11 year olds in an age appropriate way with an emphasis on fun, games, and drama. It can be adapted to be used by all age groups.</p> <p>The programme prioritises disadvantaged areas and the facilitators are willing to do work with residential children in care.</p>	<p><b>DL Youth Service</b></p>	<p><b>Ongoing</b></p>	<p><b>In 2012, there will be a focus on working with the entire family. Performance theatre will be used as a medium with a specific focus on alcohol and dual diagnosis.</b></p>
		<p>Working Group on Alcohol and Young People: working group in conjunction with the Southside Partnership and the HSE to examine potential responses to alcohol</p>			
		<p>Focus on Young people in Care: see P1 above</p>			
		<p>Southside Travellers</p>			
		<p>Young people in care, see P1above</p>			
		<p>Mainstreamed post in Community Training Centre</p>			

**Aoife Stack,  
Eamonn Gillen**

NDS conclusion/priority	Relevant NDS Action	Task Force action 2012	Responsibility	Timeframe	Outputs & Outcomes
			Aoife Davey		
			Aoife Stack, Eamonn Gillen	Jan-Sept	Increase drug and alcohol education among most vulnerable groups: young people in care, travellers, family members.